

## FLYING INTO THE

## **DEPTHS OF MY MIND**



S C A R A B E U S A E R I A L T H E A T R E

## FREE COURSE – for young people aged 13-25 years old

Ever wanted to fly? You can – with Scarabeus Aerial Theatre's summer circus workshops, where you'll fly using stretchy fabric cocoons, and perform at height suspended on climbing harnesses.

Together we will use aerial movement and theatre skills to explore what it means to grow up: changes to the body and mind, feeling lonely, wanting to belong, being full of energy and wanting to take risks.

8-12 August, 11am-4pm (please bring a packed lunch)



**LOCATION:** Caxton House Community Centre, 129 St John's Way, London N19 3RQ

TUBE: Archway (Northern Line)
BUS: 41 or 210 to Mulkern Road

**BOOKINGS:** Call 020 3620 2325 or email clare@scarabeus.co.uk

Part of Islington Summerversity 2016 www.izzy-info.com Photography by Mark Morreau

